



GrowingGreat, a nutrition education and school garden nonprofit, knows that the food we feed our children fuels their brains. Learn helpful nutrition facts, sample delicious new foods, and get fresh ideas for healthful lunches and snacks to make throughout the school year!

Please join us for a  
**Nutrition Workshop**  
*free, tasty snacks included!*

November 15<sup>th</sup>

7:00pm

El Rincon Elementary  
Cafetorium

11177 Overland Ave  
Culver City, CA 90230

Brought to you by  
GrowingGreat & Culver City Education Foundation  
Questions? Contact [info@growinggreat.org](mailto:info@growinggreat.org) or 310.939.9216